

WHAT'S UP WEEKLY

AUGUST 07, 2023

ANNOUNCEMENTS

Please send all newsletter articles to DONNA L. any day or time but no later than 10:30 AM on Monday mornings.

BIRTHDAYS IN AUGUST
Susan W. 8/3, Gini G. 8/15, Susie C. 8/22

From Caroline

Hi, Everyone,

Sooo, just when we thought it was safe to "get back in the water"
If you haven't been keeping up with your email inbox you need to know first of all that **REHEARSAL TONIGHT is CANCELED.** Over the last week we've had several members test positive for Covid so it's best for all that we take tonight off to rest, recover or enjoy a Monday Night out on the Town! Of course, you're always welcome to take advantage of the unexpected "down time" to work on your music??? Hmmm - there's an idea!!!

To my knowledge those who tested positive did not become seriously ill and are all doing well. But it's clear that the virus is still with us and is likely not going away anytime soon. It does seem to have become generally less dangerous - but possibly more contagious - which I'm told is how viruses mutate to stay around?
In any event, we want to be sure we can continue singing together with minimal risk. So next Monday we'll be back outside **on the Patio with masks encouraged.**

So where were we before this unplanned interference? Well, we were busy focusing on **HOW to SING TENOR!** Here are a few follow up notes from last week's rehearsal and, as always, there are helpful tips in here for all voice parts!

NOTES for TENORS:

- Relax, drop the shoulders, lift the chest, keep your chin level and **BREATHE!**
- Sing with energy, control and **VOCAL FREEDOM** - no tension in the throat
- Produce a straight, consistent, clear tone with **NO VIBRATO**
- Tenor is the "Icing on the Chorus Cake" - **sing pretty!**
- Tenor notes **MUST** be sung absolutely **IN TUNE!!!**
- Think of it as singing a continuous **DUET with the LEADS**
- When singing **below the lead** try to match their volume and resonance
- **Don't fear** the **HIGH NOTES** - be in control of your instrument!
- **Lift the soft palate** (roof of mouth) to create open space (rather than dropping the jaw)
- **Light and clear** is generally better than LOUD - a little tenor goes a long way!
- Sing with your "**whole voice**" using a mix of registers for a **smooth, connected sound**
- **Minimize hard consonants** - remember you are singing a harmony part!
- Know when you are on the **3rd or 7th** notes - they should be tuned **HIGH and LIGHT**
- Know and understand when you have the **melody** and take the lead!
- **LISTEN** for the **MELODY** - be sure you can **HEAR the CHORDS** for accurate tuning
- Be aware of "**losing your voice**" in the overall sound - once you get used to it, **IT FEELS GOOD!**

Next week we'll continue focusing on our VOCAL SKILLS and start to prep for our upcoming PERFORMANCES! **If you haven't let Linda know your availability, DO IT NOW!**

Take care, everyone - see you next week - Plan A! 😊

Love,
Cx

From Donna L

Welcome NANCY BRENNAN

Nancy is singing Lead and her Roster information is 26403 Basswood Avenue, Rancho Palos Verdes, 90275. Phone 310-936-5748, birthdate, May 2.

Happy Birthday to Susan Warner on 8/3



Happy Birthday, Susan. Hope it was fabulous!!

FUN PHOTOS OF THE WEEK

NO PHOTOS TODAY!

BACK TO NORMAL NEXT WEEK

CALENDAR

*** 2023 ***

*Updates - **Date Change - ***New

Wed, Aug 9 - Team Meeting at 7:30 via Zoom

Mon, Sept 4 - NO CHORUS - Labor Day

*****Wed, Sep 6** - **BASED ON CHORUS AVAILABILITY!** Torrance Women's Club 1:00 pm, Details TBD

Fri, Sept 8 - LAST Hurrah Group Performance for PV Peninsula Village Volunteer Appreciation Luncheon. **Call time is 12:20 pm** and Show time is 12:45 to 1:15 pm. Outdoor performance at Mary & Joseph Retreat Center, 5300 Crest Rd, Rancho Palos Verdes, 90275, next to St. John Fisher Church.

Wed, Sept 13 - Team Meeting at 7:30 via Zoom

~~**Sat, Oct 7**~~ - FALL FIESTA (patio party) Details **ON HOLD!**

*****Sun, Oct 8** - Manhattan Beach Hometown Fair, Details TBD

Wed, Oct 11 - Team Meeting at 7:30 via Zoom

October 12-15 - BHS Far Western District Convention, Gilbert, AZ

Mon, Oct 30 - HALLOWEEN/BIRTHDAY Theme Night.

Oct 30 thru Nov 4 - SAI Intl CONVENTION, Louisville, KY

Wed, Nov 8 - Team Meeting at 7:30 via Zoom

Sat, Dec 9- HOLIDAYS in HARMONY (Inside ON RISERS).

*****Sun, Dec 10** - **BASED ON CHORUS AVAILABILITY!** Golf Club Lunch. Lunchtime gig. Details TBD

Mon, Dec 11 - CHORUS HOLIDAY PARTY!

Mon, Jan 8 - Return to Chorus

From Donna L

LAST MUSIC LIBRARY

Many of you may not know that our chorus has an extensive list of music that we own. I have scanned in all of the sheet music from **LASTS music library** and they are available to any of you. Just know that the chorus has first right of refusal on any song on the list so you may (eventually) be singing a chorus song even if your quartet chooses the same song.

About 80% of the songs have not been used in the current years so it would be new-ish to any of you who are forming a one-song-quartet or a more permanent quartet. Some have learning tracks but most don't. That shouldn't stop you from taking a look. I can have tracks made at your cost so if you are interested in tracks, contact me.

FUNDRAISERS INSTRUCTIONS

From Alli

RECYCLE GUIDELINES

Please bring your aluminum cans, plastic bottles, and glass bottles to rehearsal and load them in my car! Examples include water bottles, soda cans, and beer cans. This is a great ongoing fundraiser for the chorus!

****The only glass bottles accepted are water bottles, soda bottles and BEER bottles or any bottle that has the CRV sign on it. NO Wine and other hard liquor bottles as they are not allowed.**

PLEAS DO NOT BRING prescription bottles, yogurt or Ensure bottles, food containers, like mayonnaise or pickle jars or canned- goods cans or take-out containers, honey containers, cooking oil containers or other things like that. Bring only **California Redemption Value (CRV)** beverage cans and bottles.

I will no longer be accepting UNSORTED recycling materials. Cans, plastic bottles, and glass bottles must be separated and placed in a plastic trash bag. I will **not accept bags that are not tied closed**. Open bags are not acceptable because

they fall out of the bag and all over my car. If you only have 2 or 3 cans and lots of plastic bottles, you can put 2 or 3 cans **in a small bag and then stick that small bag in your big bag of bottles.**

Please contact me if you have any questions! Thank you so very much!!! Alli

From Susie

RALPHS COMMUNITY REWARDS

IF YOU HAVEN'T REGISTERED YOUR REWARDS CARD ONLINE

1. Log into www.ralphp.com (<http://www.ralphp.com>) and click on "Create an Account". Follow the 5 easy steps to create an online account.
2. You will be instructed to go to your email inbox to confirm your account.
3. After you've confirmed your account by clicking on the link in the email, return to www.ralphp.com (<http://www.ralphp.com>) and click on "my account" (you may have to sign in again) View your info and edit if necessary.
4. Link your card to LASTS by clicking on "Community Rewards", then "Edit my community contribution" and follow the instructions.
5. Click on the circle to the left of our name: LA South Towns, SPEBSQSA
BB396

IF YOU'VE ALREADY REGISTERED YOUR REWARDS CARD ONLINE

1. Log into www.ralphp.com, click "Sign In", enter your email address and password, then click on "My Account" (top right-hand corner), view your info, and edit if necessary.
2. Link your card to LASTS by clicking on "Community Rewards", then "Edit my community contribution", and follow the instructions.
3. Click on the circle to the left of our name: LA South Towns, SPEBSQSA
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